



Growing Plants for Supplemental Food Production on a Mars Fly-By Mission

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Mars Mission Distances and Durations

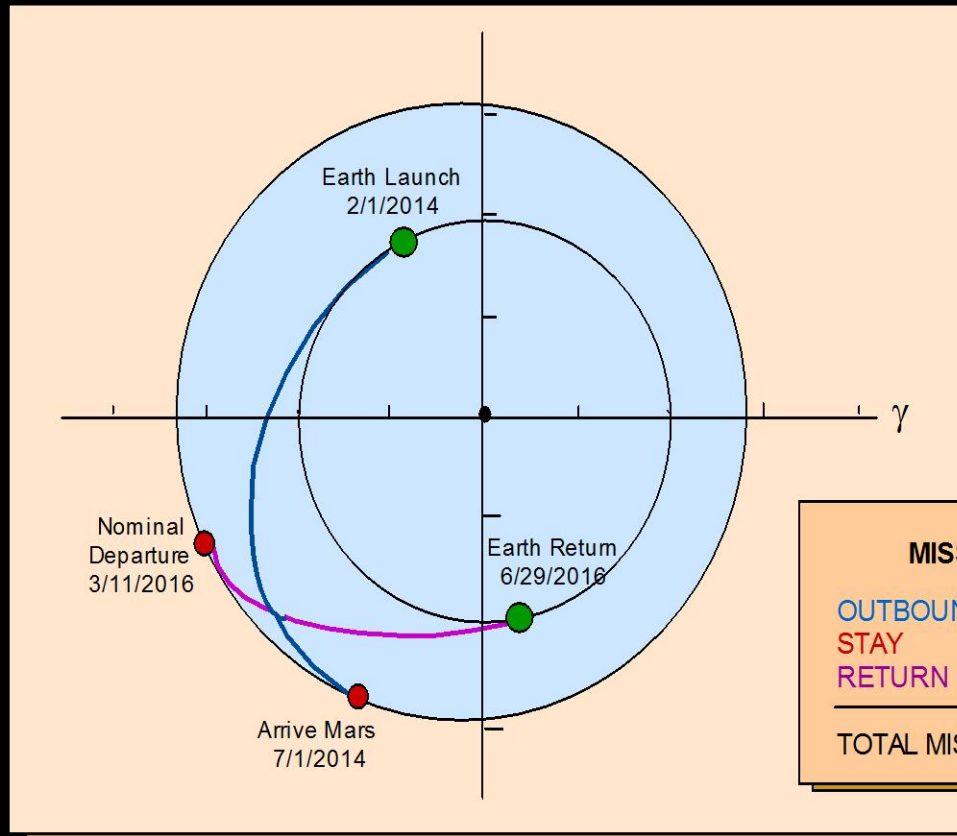
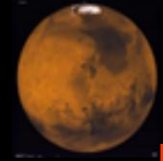
Earth



Moon



Mars



MISSION TIMES	
OUTBOUND	150 days
STAY	619 days
RETURN	110 days
<hr/>	
TOTAL MISSION	879 days

Human Life Support Requirements:

Inputs

	Daily Rqmt.	(% total mass)
Oxygen	0.83 kg	2.7%
Food	0.62 kg	2.0%
Water (drink and food prep.)	3.56 kg	11.4%
Water (hygiene, flush laundry, dishes)	26.0 kg	83.9%
TOTAL	31.0 kg	

Outputs

	Daily	(% total mass)
Carbon dioxide	1.00 kg	3.2%
Metabolic solids	0.11 kg	0.35%
Water (metabolic / urine)	29.95 kg	96.5%
(hygiene / flush)		12.3%
(laundry / dish)		24.7%
(latent)		55.7%
		3.6%
TOTAL	31.0 kg	

Source: NASA SPP 30262 Space Station ECLSS Architectural Control Document
 Food assumed to be dry except for chemically-bound water.

Why Plants for a Mars Mission?

- Currently, food consumed by astronauts is all preserved or thermo-stabilized, package food
- Plants could supply of fresh foods to supplement the packaged food diet
 - Improve nutrition for the crew through bio-available nutrients and antioxidants as radiation countermeasure
 - Improve the acceptability of the meals
 - Add textures, flavors, and colors of fresh vegetables
 - Improve crew morale through the presence of plants
 - Depending on size of the plant growth system, help supply O₂ production and remove CO₂

Fresh Foods for Long Space Missions

Colors
Textures
Aromas

Cherry
Tomato



Strawberry



Red and Green
Leaf Lettuce



Dwarf
Pepper

Antioxidants and Supplemental Nutrients



Anthocyanin induced by blue and UV light in red-leaf lettuce;
Others might include lycopene, lutein, Vit. K, Ca and phenolics.

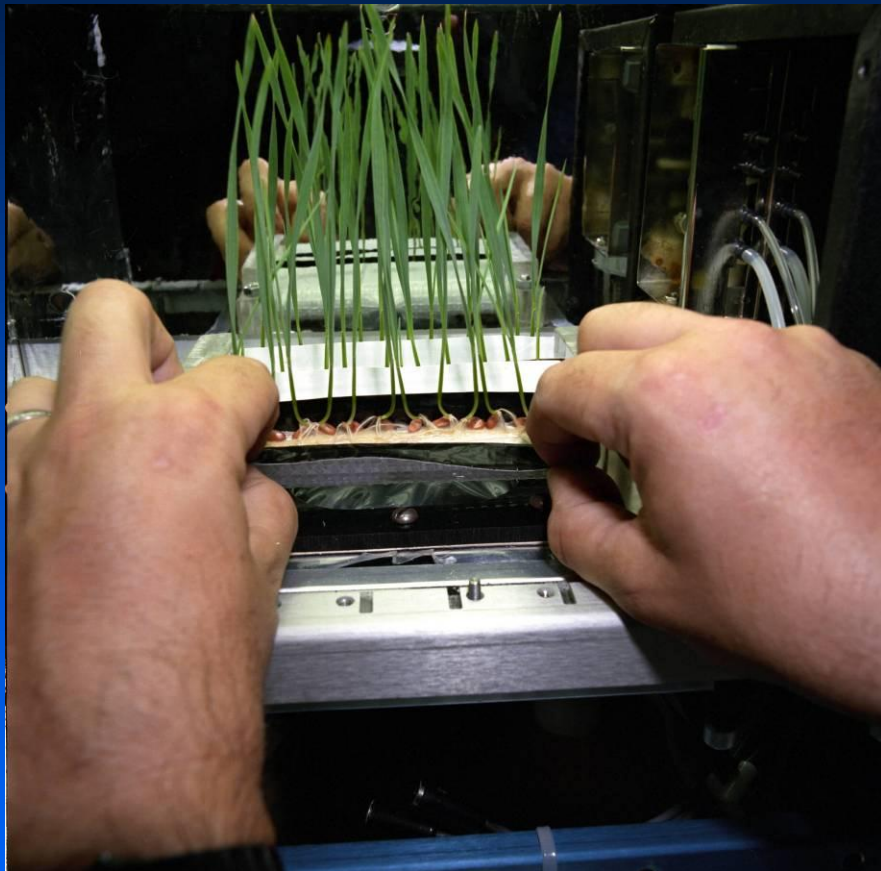
Crew Morale: Plants could provide comfort to crew
(Photo from US South Pole Plant Chamber)



Challenges for Growing Plants for a Mars Mission?

- Microgravity
 - Watering, thermal mixing, plant physiological responses
- Lighting
 - Power for electric lighting; interference with crew ops
- Atmospheric Closure
 - Trace contaminants, e.g., ethylene
 - Super-elevated CO₂ (e.g., > 5000 ppm)
- Radiation Exposure
- Food Safety Issues

Watering Systems for Weightlessness



Porous ceramic or steel tubes to contain the water which then moves by capillary forces to the roots



Wright et al. 1988. Trans. ASAE 31:440-446; Dreschel and Sager. 1989. HortScience 24:944-947.

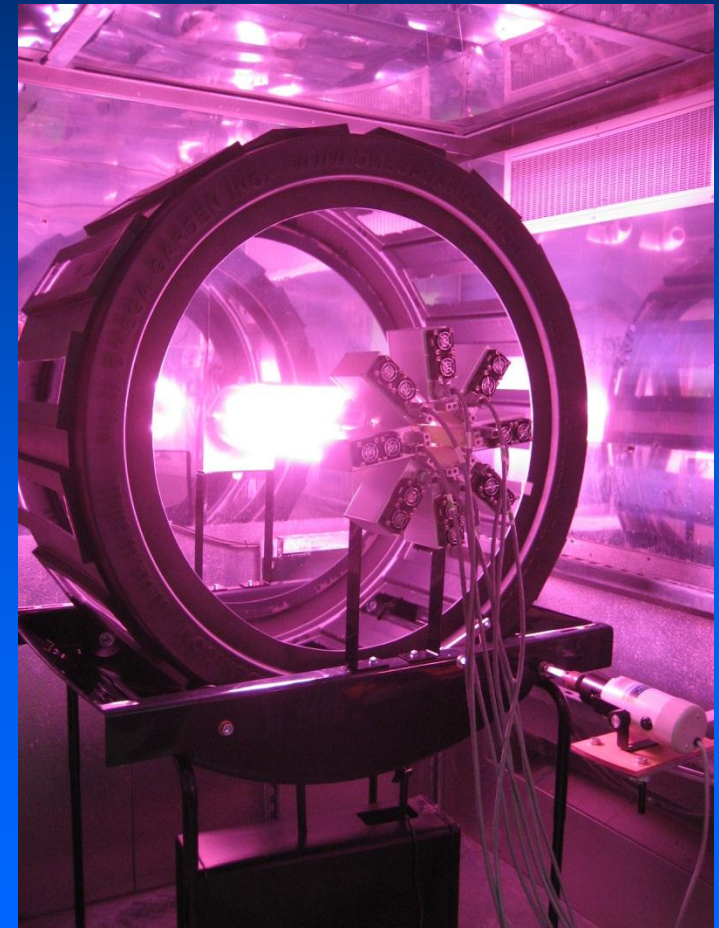
Biomass Production System (BPS)



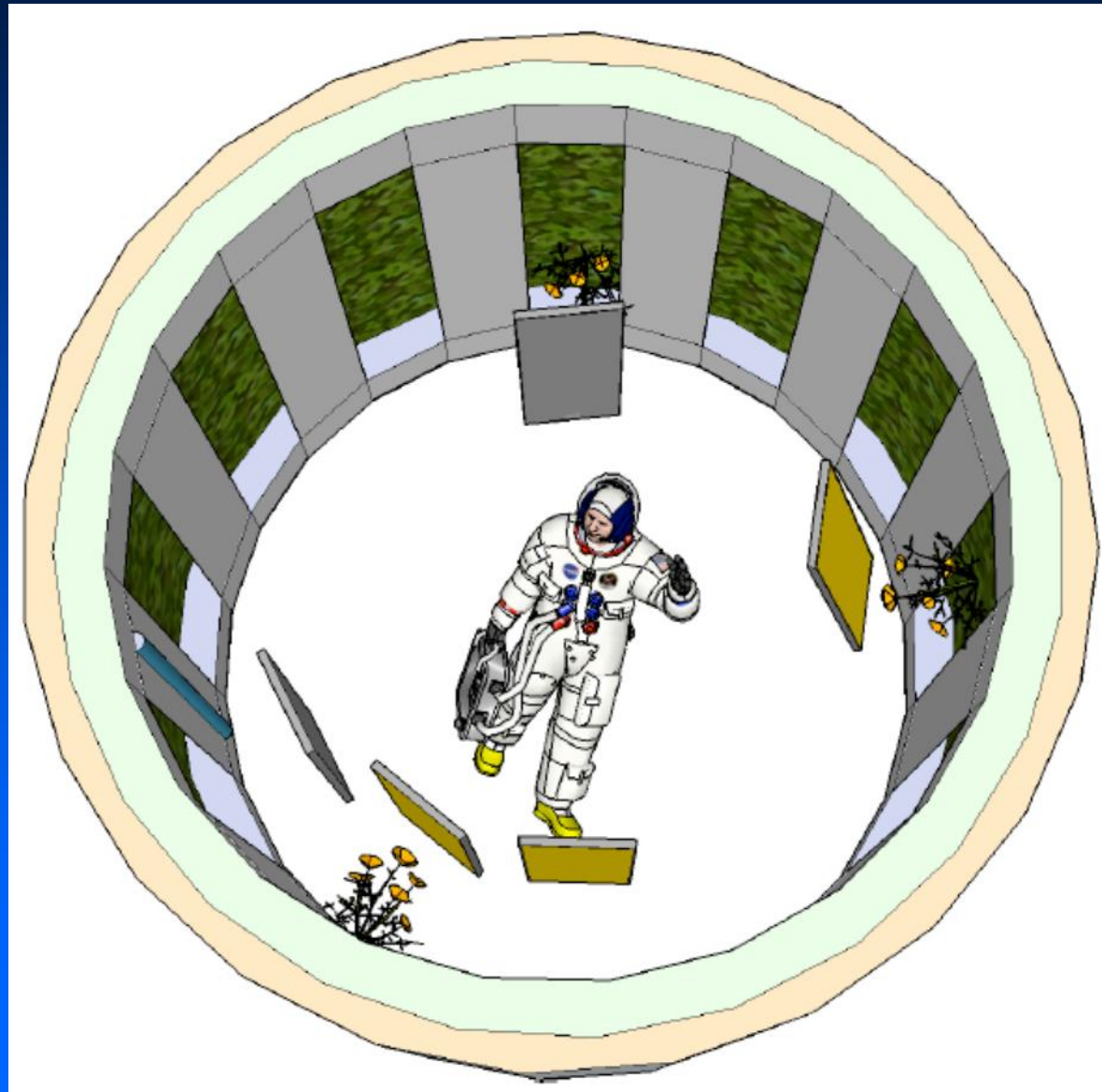
Porous steel tubes surrounded
by arcillite rooting media
with time-release fertilizer



Rotating Plant Growth System for Artificial Gravity ?



Perhaps even and a larger rotating system within a space module?



*Concept drawing
By Morgan Simpson
NASA Kennedy Space
Center*

The Importance of Lighting

--Electric Lamp Options

<i>Lamp Type</i>	<i>Conversion* Efficiency</i>	<i>Lamp Life* (hrs)</i>	<i>Spectrum</i>
• Incandescent/Tungsten**	5-10%	2000	Intermd.
• Xenon	5-10%	2000	Broad
• Fluorescent***	20%	5,000-20,000	Broad
• Metal Halide	25%	20,000	Broad
• High Pressure Sodium	30%	25,000	Intermd.
• Low Pressure Sodium	35%	25,000	Narrow
• Microwave Sulfur	35-40%+	?	Broad
• LEDs (red and blue)****	>40%	100,000 ?	Narrow

* *Approximate values.*

** *Tungsten halogen lamps have broader spectrum.*

*** *For VHO lamps; lower power lamps with electronic ballasts last up to ~20,000 hrs.*

**** *State-of-Art Blue and Red LEDs most efficient.*

LED for Plants in Spaceflight Chambers

Red...photosynthesis

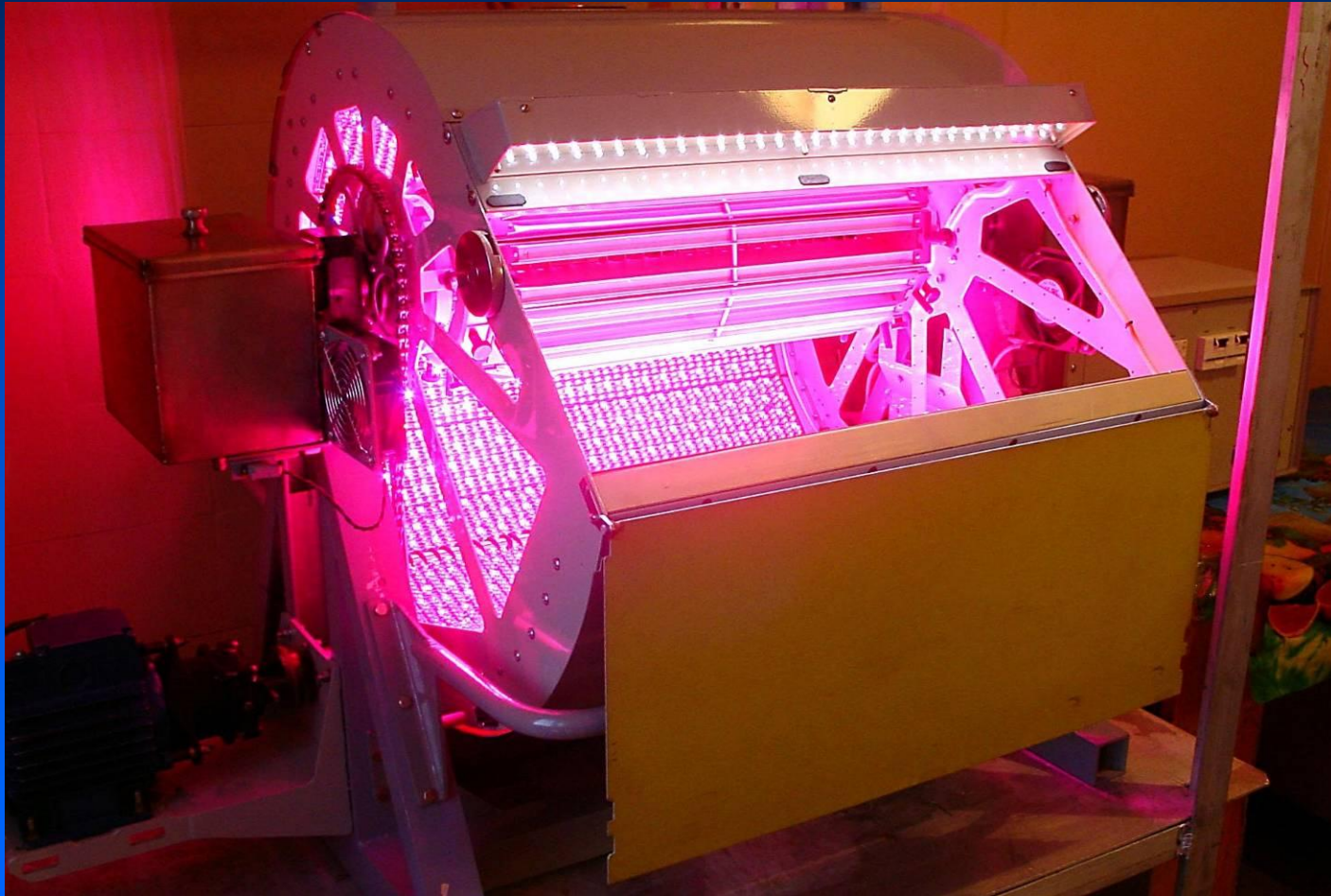
Blue...photomorphogenesis

Green...human vision



*John Sager, KSC, Testing Prototype
Flight Plant Chambers with LEDs*

Russian Phytoconveyor (IMBP)—Proposed for Vegetable Production for the ISS and Mars Transit



Chief Engineer: Yuliy Berkovich, IMBP, Moscow

Can Direct Solar Lighting Be Used for Mars Missions?



2 m² of collectors on solar tracking drive --
roof of Space Life Sciences Lab, KSC

Up to 400 W of solar light delivered to
a plant chamber
(40-50% of incident light)



Cuello et al. 1998. Life Sup Biosphere Sci.
Drysdale et al., 2008. Adv. Space Res.

How would plant growth systems fit within human habitats or spacecraft ?

NASA's Biomass Production Chamber (BPC)



Smaller Scale Lab Testing



Habitat Demonstration Unit,
Near Flagstaff Arizona



Testing of Plants in NASA's Habitat Demonstration Unit



Plant Atrium In HDU 2011 with
Red/Blue LED lighting



Plant Atrium
In HDU 2012
With White
LED lighting



Plant Growth Testing in Space

(mostly with seedlings or small plants)

- Early Russian and US Testing (60s through 80s)
 - Wheat, peppers, duckweed, carrot
- NASA Sky Lab
 - Rice
- Shuttle
 - Sunflower, potato, brassica, mung bean, oat, soybean, others
- Russian Mir Space Station
 - Wheat, mizuna, Chinese cabbage, brassica, others
- International Space Station
 - Wheat, mizuna, pea, barley, soybean, others

Plant Chambers for Space Shuttle and ISS



SVET
on Mir

BPS
on ISS



PGBA on
Shuttle

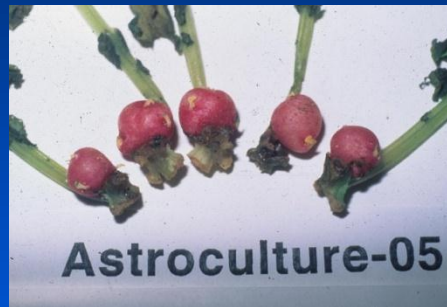
Life Science Space Flight Experiments



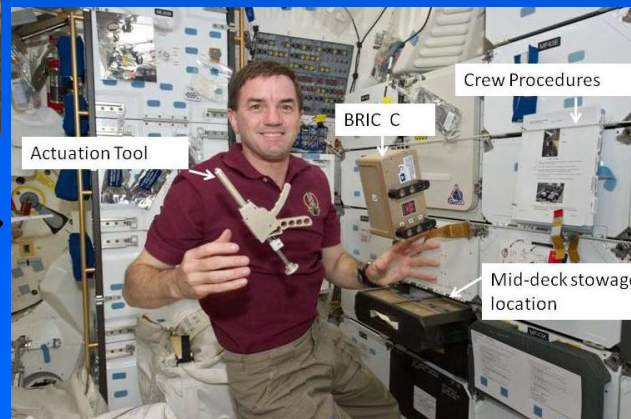
Potato Tubers in Space (STS 73)



Plant / Bacterial Nitrogen Fixation In Space (STS 135)



Photosynthesis in μ -gravity (STS 110 / 8A)



Croxdale et al. 1997. J. Exp Bot.
Monje et al. 2005. Planta

Russian "Lada" Plant Chamber on ISS



Mizuna Plants
(Japanese Mustard)



Plants in Tightly Closed Atmospheres: *Ethylene Effects*



Epinastic (rolled)
Wheat Leaves
Ethylene at ~120 ppb



Epinastic
Potato Leaves
Ethylene at ~40 ppb

Food Safety Considerations

- Plants have to meet microbiological safety (e.g., coliform bacteria)
- Levels of biocides from water might be a concern (e.g., iodine and silver)



Top, Cosmonaut harvesting Mizuna on the ISS

Bottom, sanitizing lettuce leaves
In NASA HDU study in 2010

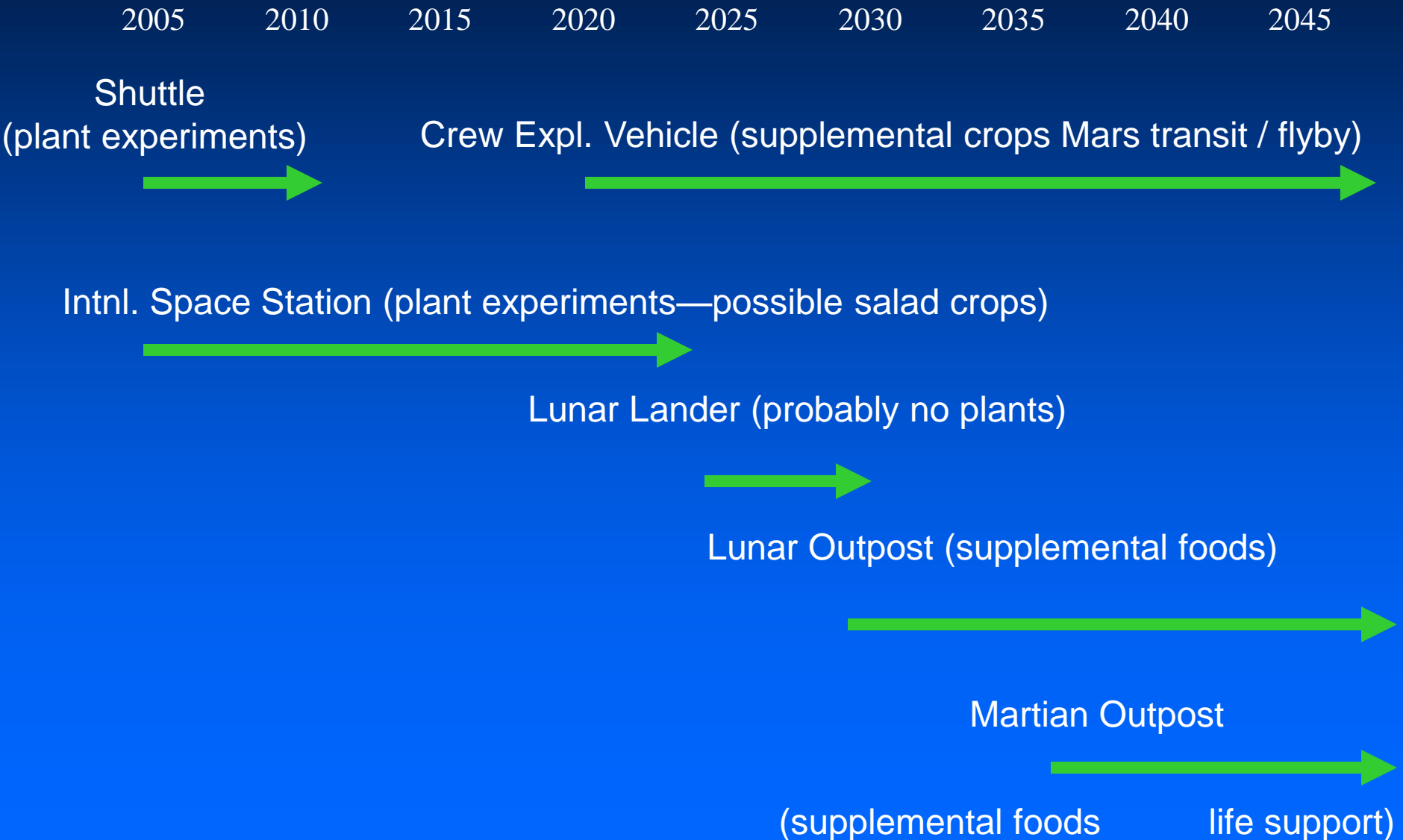


Constraints for Crop Production for Mars Flyby or any Space Mission:

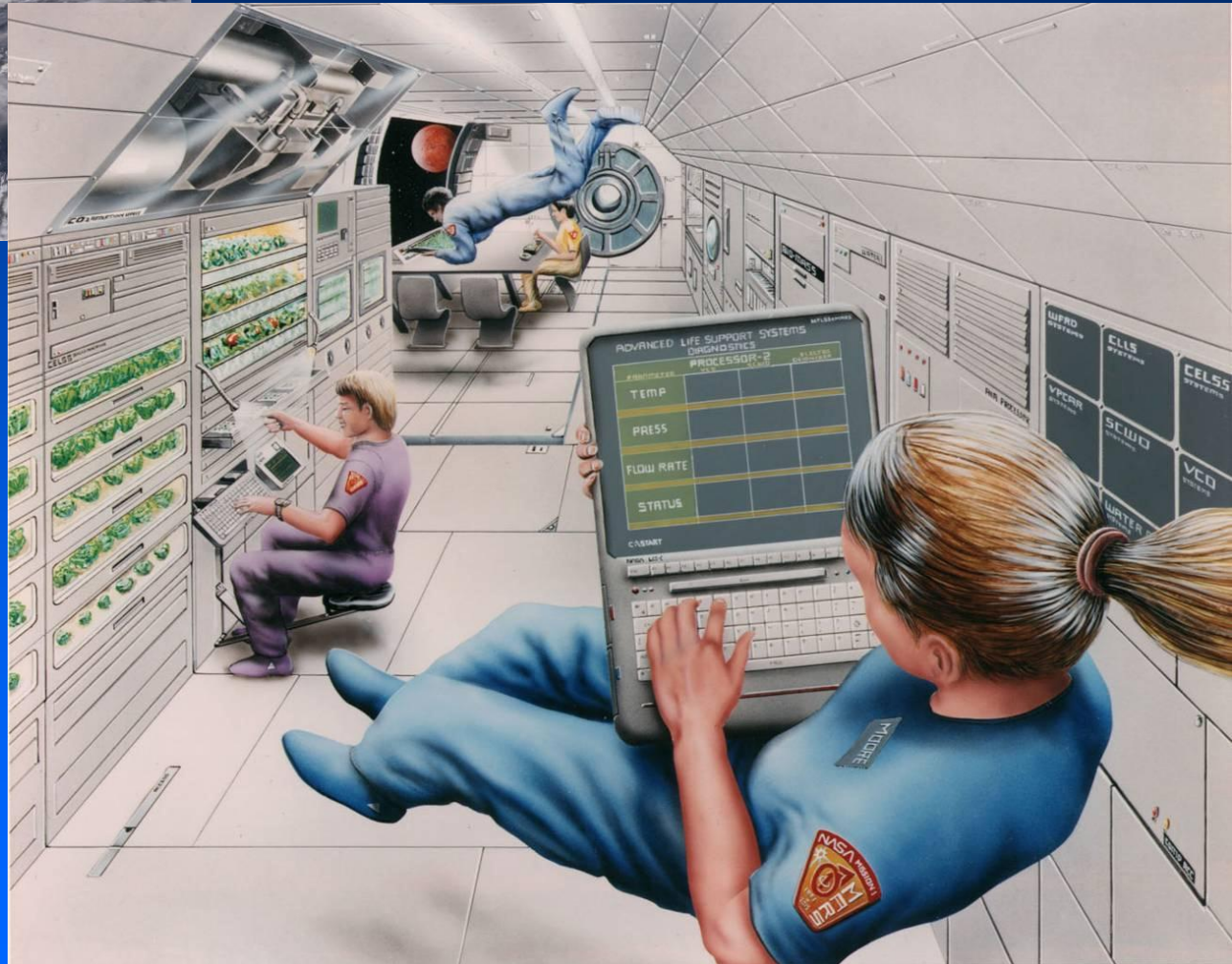
- Energy Requirements
- System Mass
- System Volume
- Crew Time
- System Reliability

These apply for all life support technologies, including the use of plants

Plants for Future Space Missions



Hopefully plants will accompany humans on their missions to Mars!



Thanks to my colleagues at NASA's Kennedy Space Center

